

1976 Region 3A Boys - Friday, May 28th at Appleton

Teams: Ortonville 66, Redwood Falls 66, Wabasso 40, Benson 38, Hendricks 38, Montevideo 32, Canby 26, Madison 23, Maynard 13, Dawson 12, Ivanhoe 12, Balaton 11, Appleton 11, Lake Benton 10, Olivia 10, Tracy 10, Ruthton 10, Murdock 8, Clarkfield 8, Russell 8, Sacred Heart 8, Renville 6, Tyler 6, Morton 5, Springfield 5, Sleepy Eye 4, Clara City 4, Verdi 4, Kerkhoven 2, Danube 1.

120 Yd High Hurdles

- 1 Tim Oakes, Or 15.4
- 2 Tim Larsen Cl 15.7
- 3 Noel Kempfert, RF 15.8
- 4 Dan Briggs, SE 16.0
- 5 Bob Shelpley, RF 16.4
- 6 Brad Olson, Mon 16.5

100 Yd Dash

- 1 Jim Ness, H 10.2
- 2 Ryan Lamma, Ben 10.3
- 3 Paul Rysdal, Mad 10.3
- 4 Dave Wollum, Ca 10.4
- 5 Scott Tretbar, Mt 10.5
- 6 T Sturlaugson, Re 10.5

Mile Run

- 1 Dennis Plaetz, Wa 4:33.8
- 2 Ron Abraham, Iv 4:34.5
- 3 Randy Ashburn, SH 4:37.0
- 4 Milo Hovland, Ca 4:38.5
- 5 Doug Lindquist, Or 4:40.0
- 6 Nels Erickson, Mon 4:43.6

880 Yd Relay

- 1 Ortonville 1:33.6
- 2 Madison 1:33.6
- 3 Tyler 1:35.6
- 4 Redwood Falls 1:35.7
- 5 Springfield 1:35.7
- 6 Danube 1:36.3

440 Yd Dash

- 1 Ryan Lamma, Ben 50.3
- 2 Scott Schmidt, Wa 52.2
- 3 Rich Guse, Or 52.5
- 4 Jeff Eickhoff, Ben 52.8
- 5 Steve Boraas, A 53.4
- 6 Todd Fostvedt, SH 53.6

180 Yd Low Hurdles

- 1 Jim Ness, H 21.2
- 2 Noel Kempfert, RF 21.4
- 3 Joe Daniels, Tr 21.6
- 4 Tim Oakes, Or 21.7
- 5 Jan Rheingans, A 22.1
- 6 Dan Henrich, Mad 22.1

880 Yd Run

- 1 Dave Thompson, RF 2:00.7
- 2 Darwin Hubbs, Ca 2:02.4
- 3 Bruce Hinrichs, May 2:02.7
- 4 Bill McClary, RF 2:02.9
- 5 Paul Brenner, K 2:03.9
- 6 Randy Thurow, H 2:04.0

Sprint Medley Relay

- 1 Ortonville 3:43.8
- 2 Wabasso 3:43.9
- 3 Benson 3:47.8
- 4 Redwood Falls 3:48.8
- 5 Canby 3:50.3
- 6 Sacred Heart 3:50.4

220 Yd Dash

- 1 Ryan Lamma, Ben 23.3
- 2 Jim Ness, H 23.7
- 3 Paul Rysdal, Mad 23.8
- 4 Dan Wollum, Ca 23.9
- 5 Scott Tretbar, Mt 24.2
- 6 Jeff Baack, Bal 24.2

Two Mile Run

- 1 Greg Schmidt, RF 9:59.4
- 2 Rick Clay, Daw 10:02.1
- 3 Wayne Hollquist, Or 10:09.1
- 4 Bret Schmidt, RF 10:18.7
- 5 Rick Holan, Mad 10:30.0
- 6 Peter Knutson, H 10:35.6

Mile Relay

- 1 Ortonville 3:29.7
- 2 Redwood Falls 3:32.8
- 3 Wabasso 3:35.5
- 4 Canby 3:36.1
- 5 Springfield 3:38.7
- 6 Maynard 3:38.7

Shot Put

- 1 Jon Vrick, LB 48-2.75
- 2 Brian Coyle, Mu 45-7.25
- 3 Wayne Wittman, Ol 45-5
- 4 D. Visker, Tr 45-0.5
- 5 Kim Mulder, Re 43-8.75
- 6 Curt Jacobsen, Mg 43-8

Discus Throw

- 1 Brad Olson, Mon 144-1
- 2 Mike Daiss, Mon 141-0
- 3 Bob Tiffany, RF 124-8
- 4 Dan Miller, Daw 123-10
- 5 Ted Wurm, Ol 122-6
- 6 Kim Mulder, Re 121-10

Long Jump

- 1 Kelvin Schlorf, Bal 20-2.25
- 2 Jim Brown, H 20-1
- 3 Doug Cobb, May 20-0.5
- 4 Doug Lindgren, CC 19-11.75
- 5 Randy Lindgren, Ol 19-11.25
- 6 Jon Schmidt, Wa 19-11

Pole Vault

- 1 Jim Larson, Mon 12-6
- 2 Scott Johnson, Rus 12-6
- 3 Dave Brand, Wa 12-0
- 4 Todd Schoonhoven, V 11-6
- 5 Jeff Nelson, Mon 11-6
- 6 Mike Janachovsky, Wa 11-6

High Jump

- 1 Mike Wabeke, Ru 6-1
- 2 Jim Lindholm, Or 6-1
- 3 Brent Beck, A 6-0
- 4 Kevin Mack, Iv 6-0
- 5 Kim Mulder, Re 5-11
- 6 Mike Ryan, Sp 5-10

Notes: